

# Commercial HVAC 101

## Typical System Components & Cleaning Techniques



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### Presenter



Robert Rizen

Robert Rizen is VP of IAQ & Restoration services. He has been involved with air conveyance cleaning since 1989 as well as full service restoration operations.

Email: [Robert.rizen@gmail.com](mailto:Robert.rizen@gmail.com)  
Cell: 314-972-2067  
<https://www.linkedin.com/in/robertrizen>

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### Disclaimer

This presentation is not intended to be a comprehensive program covering all aspects of this topic. All technicians are encouraged to read and follow all applicable standards, codes and regulations related to this topic.

- ✓ It is the responsibility of each individual contractor to follow local building codes and licensing requirements and to work safely in accordance with OSHA guidelines.
- ✓ It is the contractor's responsibility to take proper precautions on each project to prevent cross contamination. Always take the health and safety of the building occupants into consideration before you conduct any cleaning procedures.
- ✓ All of the following tips are only general tips. They do not cover every situation and it is your responsibility to adapt these tips to the individual system you are working on.
- ✓ The Instructor is not responsible in any way for the work you perform after viewing this slide show. You are responsible for your own work.
- ✓ The views and opinions following are the instructors opinions and not necessarily the official position of the National Air Duct Cleaners Association.

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**Commercial HVAC 101**

### Supplemental Materials

This session covers key points but not every detail.  
The tips & techniques presented are for cleaning & restoration procedures.  
For a full understanding of this topic, attendees are encouraged to review additional materials including:

**NADCA Standard ACR**



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**What We'll Learn**

-  Types of HVAC Systems
-  Typical Components
-  Tips for Cleaning These Systems
-  Cleaning Requirements

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
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**Commercial HVAC 101**

### Section 1: Types of Systems

Typical commercial system types:

-  Variable Air Volume
-  Constant Volume
-  Dual Duct
-  Single Zone
-  Multiple Zone

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## Commercial HVAC 101

### Section 1: Types of Systems

#### Key Terms

#### Variable Air Volume (VAV) System:

Maintains thermal comfort by **varying the amount of heated or cooled air** delivered to each space.

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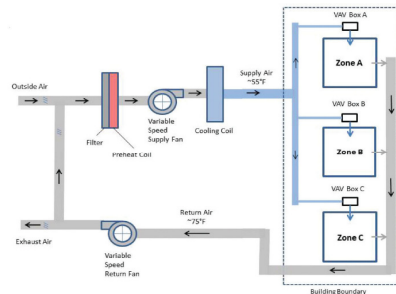
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## Commercial HVAC 101

### Section 1: Types of Systems - VAV




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## Commercial HVAC 101

### Section 1: Types of Systems - VAV

#### Variable Air Volume Control Boxes



**Dampers** are the main component to be concerned with during cleaning.




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## Commercial HVAC 101

### Section 1: Types of Systems - VAV

#### Variable Air Volume Systems

- Spiral duct from AHU to VAV.
- Accessibility to clean VAV boxes plus the clean fan & coil.
- Use slot diffusers or troffers which creates a higher level of difficulty for cleaning or coating.




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## Commercial HVAC 101

### Section 1: Types of Systems

#### Key Terms

#### Constant Volume System:

Delivers **constant airflow** to each space.  
Changes in temperature are made by heating or cooling the air or switching the AHU on and off.

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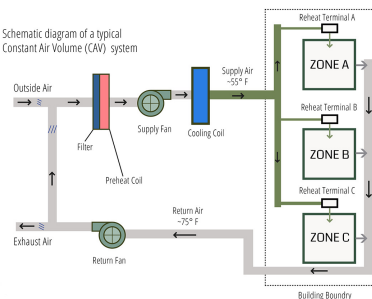
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### Section 1: Types of Systems - CV

Schematic diagram of a typical Constant Air Volume (CAV) system




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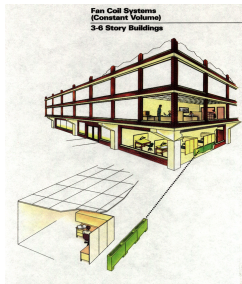


## Commercial HVAC 101

### Section 1: Types of Systems - CV

#### Constant Volume Systems

- Takes minimal amount of equipment to clean.
- Once you get cabinet panels off, accessibility can still be tricky.
- Older systems can be difficult to disassemble and reassemble.




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## Commercial HVAC 101

### Section 1: Types of Systems

#### Key Terms

##### Dual Duct:

A fan discharges air which is directed through the cooling coil and/or the heating coil. There are **two separate ducts** that **feed hot and cold air** to the same space.

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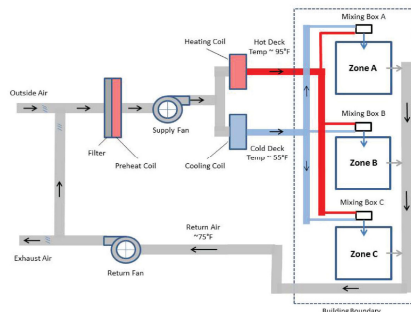
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## Commercial HVAC 101

### Section 1: Types of Systems – Dual Duct




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## Commercial HVAC 101

### Section 1: Types of Systems – Dual Duct




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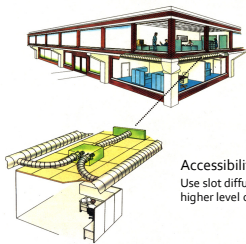
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## Commercial HVAC 101

### Section 1: Types of Systems – Dual Duct

Two Fan Dual Duct Variable Air Volume (VAV) Systems  
1-2 Story Buildings



- Spiral duct from AHU to VAV.
- Twice as much supply duct from AHU to VAV's

Accessibility to clean VAV boxes & coil.  
Use slot diffusers or troffers which creates a higher level of difficulty for cleaning or coating.

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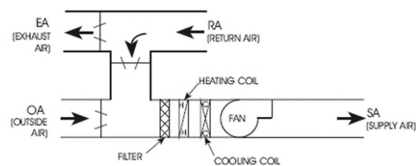
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### Section 1: Types of Systems – Single Zone

Supplies air at a constant temperature to one complete zone, or area, of a building or to the entire structure all at once. (Has one thermostat)




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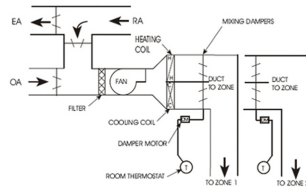
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## Commercial HVAC 101

### Section 1: Types of Systems – Multi Zone

Has more than one thermostat and is characterized primarily by two or more supply ducts emanating from the HVAC unit.




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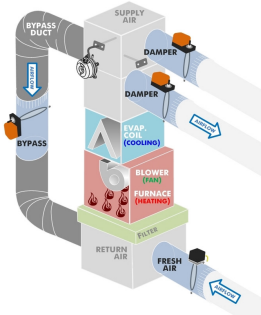
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## Commercial HVAC 101

### Section 1: Types of Systems – Multi Zone




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## Commercial HVAC 101

### Section 1: Types of Systems

#### Daikin Style Mini Split



- Integrated supply and return air
- Contains fan, coils, drain pan
- Complete dis assembly is needed for complete cleaning
- Found in hospitals and schools

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**Section 2: HVAC Cleaning & Restoration Methods**

NADCA does not endorse or recommend any single method of cleaning or type of equipment.

NADCA recommends the use of source removal methods and equipment designed to clean HVAC systems to the cleanliness levels specified in NADCA Standard ACR.

Each different cleaning method has its advantages and disadvantages

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**Section 2: HVAC Cleaning & Restoration Methods**

**Cleaning Methods: Vacuum Collection**



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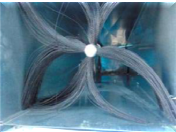
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**Section 2: HVAC Cleaning & Restoration Methods**

**Cleaning Methods: Vacuum Collection**

**A vacuum collection device alone will not get an HVAC system clean.**

**Methods and tools designed to agitate debris adhered to surfaces along with use of vacuum collection device(s), is required.**

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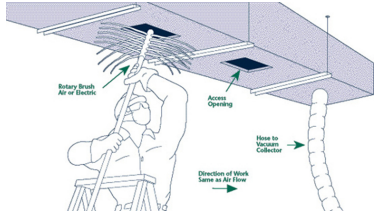
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**Section 2: HVAC Cleaning & Restoration Methods**

**Cleaning Methods: Brushing**



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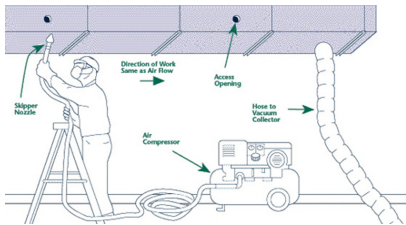
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**Section 2: HVAC Cleaning & Restoration Methods**

**Cleaning Methods: Air Washing**



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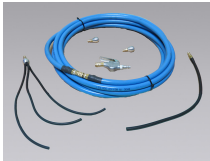


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**Section 2: HVAC Cleaning & Restoration Methods**

**Cleaning Methods: Air Washing**

**Whips, Rods, Blast Nozzles**

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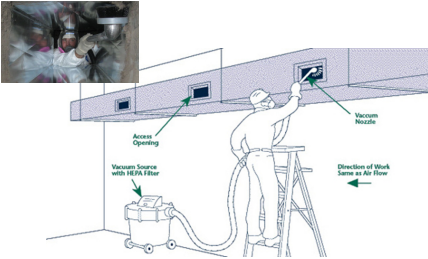
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### Section 2: HVAC Cleaning & Restoration Methods

Cleaning Methods: Contact Vacuuming



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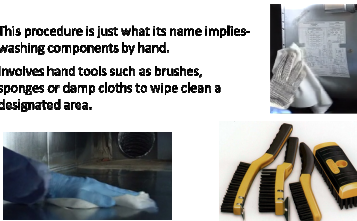


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### Section 2: HVAC Cleaning & Restoration Methods

Cleaning Methods: Hand Washing

This procedure is just what its name implies—washing components by hand. Involves hand tools such as brushes, sponges or damp cloths to wipe clean a designated area.



Liquids cannot be applied to porous components such as fibrous glass. Make sure that no chemical residues are left in the system during hand washing.

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### Section 2: HVAC Cleaning & Restoration Methods

Cleaning Methods: Power Washing

**Power Washing**

Power washing involves the use of mechanical equipment able to spray a jet of water onto a specific area.



Components frequently cleaned by power washing:

- Cooling and reheat coils
- Blower wheels, fans and their housings
- Evaporator and condensing coils
- Condensate drain pan
- Some types of filters
- Grilles, registers, and diffusers

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### Section 2: HVAC Cleaning & Restoration Methods

**Why clean in this order?**



**Reduces likelihood of cleaned portions becoming re-contaminated.**

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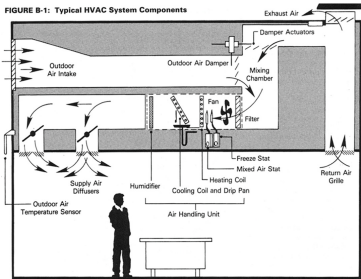
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### Section 3: Component Cleaning



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Commercial HVAC 101

### Section 3: Component Cleaning






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### Section 3: Component Cleaning

#### Air Handling Unit (AHU)

*Air handling units, terminal units (VAV, Dual duct boxes, etc.), blowers and exhaust fans:*  
Ensure that supply, return, and exhaust fans and blowers are thoroughly cleaned. Areas to be cleaned include:

- ✓ Fan & Fan Housings
- ✓ Fan compartments
- ✓ Plenums (except ceiling supply and return plenums)
- ✓ Coil sets
- ✓ Blades or Vanes
- ✓ Shafts
- ✓ Baffles
- ✓ Dampers
- ✓ Drive assemblies



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### Section 3: Component Cleaning

#### AHU Types



Small RTU



Built in place AHU

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Commercial HVAC 101

Section 3: Component Cleaning

AHU Types



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Section 3: Component Cleaning

AHU Types

Rooftop Unit (RTU)  
Packaged Unitary Equipment



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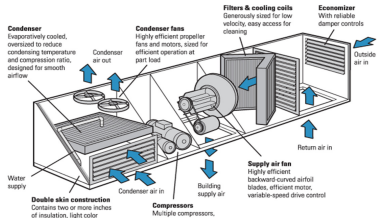


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Section 3: Component Cleaning

AHU Types

Rooftop Unit (RTU)  
Packaged Unitary Equipment



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*Here's a Tip...*

### Section 3: Component Cleaning

#### AHU

- ✓ Clean all AHU internal surfaces, components, condensate collectors & drains.
- ✓ Assure that suitable operative drainage system is in place prior to beginning wash down procedures.
- ✓ Clean all coils and related components, including evaporator fins.

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### Section 3: Component Cleaning

#### Fan Types

**Forward Curved** fans transfer large volumes of air for a minimum wheel diameter. They're used when space requirements are a primary consideration.

- Blades commonly lose **balance clips**.
- Are by far the **most common** and are in **most residential units**



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### Section 3: Component Cleaning

#### Fan Types

**Backward Inclined Flat** fan has some of the characteristics of the airfoil fan. Has relatively high efficiency.



A backward inclined fan has a non-overloading characteristic.

The horsepower required by the fan actually decreases when the flow rate increases past a certain point.

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### Section 3: Component Cleaning

#### Fan Types

**Axial fans** are suitable for large quantities of air at low pressures.

- Produce very little noise
- Found in return air ducts.

When compared with centrifugal fans, the axial fans are the easiest to clean, but can easily become unbalanced while cleaning.

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### Section 3: Component Cleaning

#### Fan Cleaning



Sometimes the only way to clean is to go inside!

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### Section 3: Component Cleaning

#### Coils

- ✓ Reheat coils – Evaporator coils – Condensing coils
- ✓ Heating and cooling coils are placed in the airstream to **regulate the temperature of the air** delivered to the space
- ✓ In general, the **copper rows** determine the coil depth for cleaning
- ✓ Not all coils are cleanable
- ✓ When cleaning electrical resistance coils in a duct system, it's important to make sure the power source is de-energized!

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### Section 3: Component Cleaning

#### Coils

All portions of each coil assembly must be cleaned.

- Both upstream and downstream sides of each coil section shall be accessed for cleaning.
- When both sides of a coil are not accessible for cleaning then removal and/or replacement *may* be required.
- Visual inspection of the coil and drain pan will determine whether Type 1 or Type 2 cleaning is required.



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### Section 3: Component Cleaning

#### Coils

The substances impacted on the evaporator coil help determine the initial cleaning protocol. Evaporator coil cleaning is broken into two (2) categories known as Types. Evaporator coil reconditioning will utilize **Type-1** or **Type-2** cleaning methods.

Type 1  
(Dry Cleaning)

Type 2  
(Wet Cleaning)

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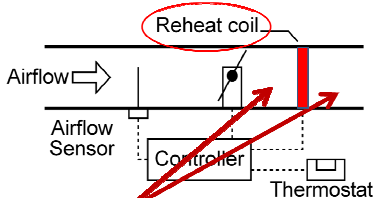
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### Section 3: Component Cleaning

#### Inline Coils



Install Service Openings

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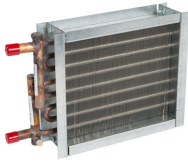
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### Section 3: Component Cleaning

#### Reheat Coils

**Reheat Coils:**

- ✓ Need access on both sides
- ✓ No condensate drain
- ✓ Need to set up water control



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### Section 3: Component Cleaning

#### Drain Lines & Pans

The condensate drain pan and drain line *shall* be cleaned and flushed. The condensate drain pan *shall* be inspected to verify proper drainage operation before and after cleaning.




Usually a drain pan and line have the highest amounts of contamination when compared to all other system components.

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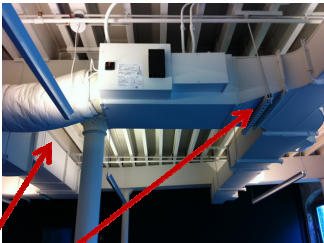
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### Section 3: Component Cleaning

#### VAV/Mixing Box



Install Service Opening

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Section 3: Component Cleaning

VAV/Mixing Box

Dirty VAV
Clean VAV

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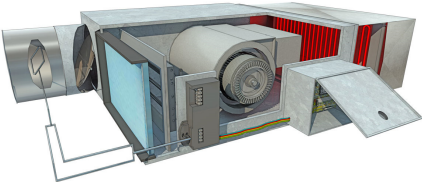
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Section 3: Component Cleaning

VAV/Mixing Box

Here's a Tip...

- ✓ Electric Coil – be sure to disconnect power & follow Lock Out/Tag Out
- ✓ Pay attention to fiberglass insulation inside of component



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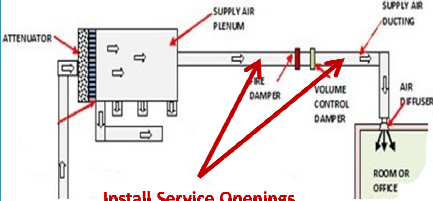
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Section 3: Component Cleaning

VAV/Mixing Box



Install Service Openings

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Section 3: Component Cleaning

### Sound Attenuators

*Designed to reduce noise in the ducts.*

A water pressure washer should not be used for cleaning a perforated sound attenuator and the internal components of perforated sound attenuators are not cleanable.




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Section 3: Component Cleaning

### Turning Vanes



- ✓ Primary function is to reduce static pressure loss in a duct system
- ✓ Require multiple access points and care in cleaning
- ✓ Fiberglass vanes can be very fragile
- ✓ Rarely found in high pressure systems

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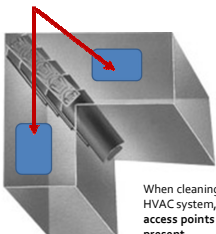
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Section 3: Component Cleaning

### Turning Vanes

**Service Openings**



When cleaning a 90-degree turn in a commercial HVAC system, it is recommended to put **two (2)** access points per turn when turning vanes are present.

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Section 3: Component Cleaning

**Sensors**



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Section 3: Component Cleaning

**Vents, Grills, Registers & Diffusers**

**Air distribution devices (registers, grilles & diffusers):**

- Remove, if possible, for proper cleaning
- Make sure they are restored to their previous position.



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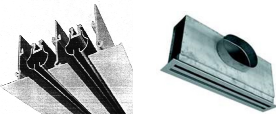
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Section 3: Component Cleaning

**Slot Diffusers**



- Not easily removed
- Rubber bladder
- Air wash

Most of these are connected to the ceiling or ceiling grid.

**Here's a Tip...**  
Always check the inside of these for damaged or friable insulation.

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### Section 3: Component Cleaning


#### Sheet Metal Ducts With Insulation

- Microbial issues
- Reasons for insulation in duct
- Coatings



Here's a Tip...

If you can't properly clean it, you can't coat it!



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### Section 3: Component Cleaning

#### Duct Board

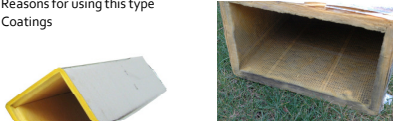
- Microbial issues
- Reasons for using this type
- Coatings



Here's a Tip...

If you can't properly clean it, you can't coat it!

Be sure to use mechanical cleaning methods that will not create abrasions, breaks, or tears to fibrous glass liner or duct board surfaces!



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### Section 3: Component Cleaning

#### Externally Insulated Duct

- Reasons for insulation
- Thermal value only
- Carefully create access
- Reinstall insulation after access openings are made.



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Section 3: Component Cleaning

Fiberglass and Insulated Duct Work

Thoroughly clean with HEPA vacuuming equipment, while system is under constant negative pressure

Do not get fibrous glass components wet

Do not cause damage to fibrous glass components

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Section 3: Component Cleaning

Fiberglass and Insulated Duct Work



*Here's a Tip...*

When physically entering lined ductwork, caution must be taken not to damage the lining.



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Component Cleaning



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### Section 4: Standards



- Visibly Clean
- Source Removal
- Negative Duct Pressurization
- Service Openings
- Containment

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### Section 4: Standards

Selecting the HVAC cleaning method to be employed on any given project is an important factor for successful cleaning.

- Vacuum Collection
- Brushing
- Air Washing
- Hand or Contact Vacuuming
- Hand Washing
- Power Washing



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### Section 4: Standards

#### Visibly Clean Standard

**Key Terms**

**Visibly Clean:**  
An interior surface is considered visibly clean when it is free from **"non-adhered"** substances and debris.

**Definition: What does non-adhered mean?**  
Any material not intended or designed to be present in an HVAC system, and which can be removed by contact vacuuming.




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### Section 4: Standards

#### Source Removal

**Key Terms**

**Source Removal**  
The mechanical cleaning of system components to remove dirt and debris.

Requires two key elements to be effective:

1. **Agitation** of dust and debris within the HVAC system.
2. **Extraction** of contaminants from the HVAC system

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### Section 4: Cleaning Requirements & Standards

**Negative Duct Pressurization**

**Key Terms**

**Negative Pressure**  
Used to prevent debris from entering the occupied space or leaving the contained area.

Prior to and throughout the duration of the cleaning process, the HVAC system and associated air duct *shall* be kept at an appropriate negative pressure differential relative to the indoor non-work area.

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### Section 4: Cleaning Requirements & Standards

Effective negative pressure containment requires:

- Physical barrier around work area
- Sealing off HVAC return air grills
- Continuously pulling air through a HEPA filtration device to reduce airborne particles.
- Exhausting more cubic feet per minute of clean, HEPA-filtered air out of the space than is supplied into it.

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## Section 4: Cleaning Requirements & Standards

### Service Openings

**Minimum Requirements for Service Openings**

Service openings shall:

- not degrade the structural, thermal, or functional integrity of the system;
- not hinder, restrict, or alter the airflow within the air duct;
- not be made in flexible ductwork;
- be created in a manner that allows for proper closure;
- comply with applicable UL, SMACNA and NFPA standards, as well as local, regional, state and federal codes.



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## Section 4: Cleaning Requirements & Standards

### Service Openings

**Service Panels**

- Shall be of an equivalent gauge or heavier
- Shall be mechanically fastened (screwed or riveted) at minimum every 4" on center.
- Shall overlap the ductwork surfaces by a minimum of 1" on all sides.
- Recommended to be sealed with gaskets, duct sealants, mastic or tape.




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## Section 4: Cleaning Requirements & Standards

### Containment



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**Section 4:**  
**Cleaning Requirements & Standards**

**Containment**



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Commercial HVAC 101

**Section 4:**  
**Cleaning Requirements & Standards**

**Containment**




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Commercial HVAC 101

**Section 4:**  
**Cleaning Requirements & Standards**

**Containment**



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Presenter Contact Information

- Robert Rizen
- Robert.rizen@gmail.com
- 314-972-2067

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Thank you  
for  
Participating!



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